

Led walk around Hexthorpe Flatts Park

Every Monday 11.00am - 1.00pm

The walk will begin at the entrance to the park just off Greenfield Lane, Balby, DN4 OHY

The route is **0.46 miles/0.6miles** and takes approx. **30 minutes**, or can be **extended to 1.1 miles** and takes **60 minutes**.



A gentle walk around the paths of Hexthorpe Flatts Park. This walk takes place on well maintained footpaths within the park, with the option of walking around The Dell. There are a number of steps/slopes within The Dell, however there is a flat pathway which is suitable for wheelchairs and mobility aids. There are several benches and seating areas around the route.

All abilities and fitness levels are welcome.

After the walk, join us for a free cuppa and chat!



Book your FREE session or find out more by scanning the QR code, clicking the link to our webpage or contacting us! www.yourlifedoncaster.co.uk/ride-stride-and-thrive

Email: ridestrideandthrive@doncaster.gov.uk

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